

# PAWS News October 21, 2022

Respect, Responsibility, Community, & Pride

#### Office of the Principal

Dear Students and Families,

We are excited to share that our school community will be celebrating Orange Out Day on October 31, 2022. Over the past eight years, in observation of Orange Out Day, our school collects monetary donations for the NH Food Bank, which serves the community of Goffstown. Please encourage your child to wear orange and bring in a small donation for this worthwhile cause.

Thank you to our staff, students, and families for all of their support and help with the Summer Reading Program. During our culminating event, each team of students worked together to create an ABC Book to capture the essence of the book they read as part of our Summer Reading Program. There was even a special guest appearance from a book fairy. Thank you all for your support and help with this program.

We are very grateful for the students and faculty who helped decorate our pumpkin at the Pumpkin Regatta. Mr. Leonard had a photo finish as the winner of this year's event. We are also incredibly proud of all of our fall athletes as the finish up their seasons. All of our teams are headed into the playoffs. They have shown hard work and dedication to their teams while exhibiting PAWS Pride through great sportsmanship!

As always, we appreciate all of your support. Happy Fall!

Best Regards,

Jessica Milligan

#### DATES TO REMEMBER

Date	
October 31	Orange Out Day
November 10	Veterans Day Assembly
November 11	No School: Veterans Day

#### **MVMS ADMINISTRATORS**

Mrs. Jessica Milligan Ms. Brandy Williams Mr. Lyle Hamel Ms. Kim Rivers Mr. Josh Lewis Principal Assistant Principal Curriculum Coordinator Special Education Facilitator Dean of Students



#### **School Calendar**

The school calendar is posted on the SAU website.

#### **VIDEO PRODUCTION CLUB**

What: Informational Meeting Where: Room 234, across from the library When: Thursday, October 27, 2022 8:00am

Are you interested in learning more about video production? Are you interested in being in front of or behind the camera? Do you want to become an awesome video editor using professional tools?

Video Production Club is the place to start. We have our own Video Lab here at MVMS with professional cameras, lighting and a full green screen. We have an editing lab with pro level iMacs and Wacom drawing tablets.

Be part of the team that will create the first ever MVMS News Show. We need hosts, camera operators, digital content creators(graphics, animations, photographers, etc...), script writers, and video editors. No previous knowledge required.

Come to our informational meeting to learn more. If you have any questions or concerns please see Mr. Saunders at school or email questions to <u>david.saunders@sau19.org</u>.

#### **Student Government**

Student government is a student led organization that promotes leadership skills and encourages students to give back to the Goffstown community. The advisors include: Mrs. Leonard from team 6-3, Ms. McNichols from team 5-2 and Mr. Lacasse from team 7-1! We operate at MVMS monthly after school from 3:15-4:15 in Mrs. Leonard's room 216. Students will contribute to school-wide activities and play their role in showing PAWS pride to the other students at the middle school. As a student government member, it is your voice that represents your grade level and raise awareness of what is being said. Some activities we have planned include: canned food drives, fundraisers, school dances, kindness day activities, spirit weeks, etc. We meet the second Wednesday of every month! The dates are as follows: 10/12, 10/26, 11/16, 12/14, 1/18, 2/15, 3/15, 4/12 and 5/17. Some dates may change due to unforeseen circumstances. We look forward to having you join us!

#### **Pumpkin Regatta Champions**

On October 16<sup>th</sup>, Mr. Leonard, the MVMS FACS teacher, won the Goffstown Pumpkin Regatta! Thank you to all the Student Government students and advisors who designed, cleaned out, decorated the winning pumpkin. Thank you to all those who supported in the crowd and to Mr. Leonard for his hard fought win and was outstanding in his "field" as our MVMS Scarecrow.



#### Arrival/Dismissal

Please take a few minutes to watch a video about our new arrival and dismissal procedures: <u>Arrival &</u> <u>Dismissal</u>

#### Arrival:

- Student Drop-Off begins at 8:00 AM.
- Students who need to complete academic work can access the information center at 7:45 AM. Students must have a pass from the office.
- There is a **new traffic pattern** this school year:
  - Buses will go behind the building (left at the bottom of the driveway).
  - Families will use the front main entrance (right at the bottom of the driveway).
- All students will be dropped off at the front entrance.
- Walkers should enter the front of the building and report to their assigned area:
  - $\circ~$  All 5th and 6th grade students will report directly to the playground.
  - All 7<sup>th</sup> and 8<sup>th</sup> grade students will report directly to the back parking lot.

• Parents should NOT drive around the back bus loop while dropping off their student.

#### Dismissal:

- All students will be dismissed at 3:10 PM.
- There is a **new traffic pattern** this school year:
  - Buses will go behind the building (left at the bottom of the driveway).
  - Families will use the front main entrance (right at the bottom of the driveway).
- All students will be picked up at the front entrance.
- Walkers should exit the front of the building and head to their assigned area.
- All 5<sup>th</sup> and 6<sup>th</sup> grade students will report directly to the playground.
- All 7<sup>th</sup> and 8<sup>th</sup> grade students will report directly to the back parking lot.
- Parents should NOT drive around the back bus loop while dropping off their student.
- MVMS offers a late bus that leaves MVMS at 5:00. Students must sign up in the office by 1:00 PM on the day they want to take the late bus.

#### Bus Pick Up/Drop Off

- Students will be picked up and dropped off at their assigned grade level area:
  - $\circ~~5^{\mbox{\tiny th}}$  and  $6^{\mbox{\tiny th}}$  grade students will be dropped off near the playground.
  - $\circ~7^{\mbox{\tiny th}}$  and  $8^{\mbox{\tiny th}}$  grade students will be dropped off near the back parking lot.

As a friendly reminder, please stay alert and drive <u>slowly</u> while picking up/dropping off your student. All students should enter/exit the vehicle from the passenger side at arrival and dismissal. Please pull your vehicle forward when waiting or before having your student enter the vehicle to maintain traffic flow.

#### The Late Bus

The Late Buses picks students up from MVMS at 5:00. Students must sign up in the front office by 1:00 to ride the late bus each day. Please click on the following link to check out the routes: <u>Late Bus Route</u>

#### Summer Reading Book Chat

On, October 14<sup>th</sup>, all of the MVMS students and staff participated in a school wide book chat about our summer reading books. Students discussed their book and collaborated to designed ABC Books, highlighting many aspect of the characters, plot, and setting. Thank you to our students and staff for making this event a success. Special thank you to Amy O'Riley and Sarah-jane Nadeau for their dedication and efforts.



#### **Information Center**

The MVMS information center is open for students to access resources before and after school. The library is open before school starting at 7:45 and will remain open at the end of the school day until 4:45, Monday-Thursday. The information center will close at 3:10 on Friday. Students dropped off at 7:45 or picked up after 3:15 from the library need to enter and exit through the front lobby doors.

#### **PBIS Theme of the Month – October**

Each month the MVMS community focuses on a specific aspect of character development. October's theme is integrity. Our teachers and students have been discussing what integrity looks like in the classroom, hallways, and Hilltop



#### Update from the Nurses

The information below is designed to help parents in the event their child exhibits any symptoms consistent with COVID-19. Possible symptoms include:

Fever or chills	Nausea/ Vomiting/ Diarrhea
Cough	Sore throat
Fatigue	Muscle or body aches
Headache	New loss of taste or smell
Congestion or runny nose	Shortness of breath or difficulty breathing

In general, any student who is sick should stay home until symptoms are improving or resolved. The MVMS nurses are happy to help determine when your child should return to school, please call or email for guidance. Below are the recommended steps if your child is sick:

- The CDC, NH DHHS, and SAU19 are still recommending that your child be tested for COVID-19 prior to returning to school. If positive for COVID-19, contact the MVMS nurses for guidance on isolation and return to school timeline.
- Testing can be performed by your child's PCP, at Urgent Care or via a home antigen test. If you don't have access to COVID-19 testing please contact your school nurse, we can help facilitate testing.
- If your child is sick, we ask that you have your student tested for COVID-19 **prior** to sending them back to school. Please email test results to the school nurse so we have up to date information in the event your child complains of illness at school. If your child exhibits COVID-19 symptoms at school, they may be dismissed for further evaluation.
- If a home antigen test is performed, please email the nurses a photo of the test with your child's name and the date of the test clearly noted in the photo.
- Per the CDC, a single negative antigen test **does not rule out COVID-19 infection**. If your child's symptoms persist or your child is at an increased risk for COVID-19 because of a close contact to a COVID-19 case or participation in a high-risk activity (large gatherings, travel, etc.) it is recommended that you repeat the test 48 hours after the first was done. A PCR test does not need to be repeated.

- If your child tests negative for COVID-19 but remains symptomatic we advise that you seek additional evaluation through your PCP or Urgent Care to rule out another illness.
- If anyone in your household tests positive for COVID-19, please contact the MVMS nurses for guidance, 50% of household contacts will go on to develop COVID-19. The MVMS nurses are here as a resource for families dealing with COVID-19 or any health-related issues.

Thank you,

Sara Matatall RN <u>Sara.matatall@sau19.org</u> 660-5623 Susan Potvin RN susan.potvin@sau19.org 660-5615

#### **Update from Food Service Department**

- SAU 19 Food & Nutrition Information
- Sign Up for Titan: <u>https://family.titank12.com/</u>
- Breakfast and lunch will not be free for all students this year.
- Online payments for food service are now working! It is credit card only and there is a fee of \$2.60 per transaction. The fee is charged by the bank, not the school district. The link to the online payment is this: <a href="https://family.titank12.com/">https://family.titank12.com/</a>
- Please complete a free and reduced meal price application now: Free & Reduced Application
- Anyone can complete an application. Paper applications can be requested from your school or from the food service director at <a href="mailto:megan.bizzarro@sau19.org">megan.bizzarro@sau19.org</a>
  - Other benefits for filling out the application include: Discounted camp fees, College application and Admission Test Fee Waivers, and the district can receive more state funds to offset the local tax rate

#### Paraprofessional Job Opportunity

MVMS is seeking paraprofessionals for the 2022-2023 school year. The job predominantly consists of supporting small groups of students or individual students in Grades 5 through 8 throughout their day. If interested, please contact our main office at 603-497-8288 or apply through our <u>district employment</u> <u>opportunities</u>.

#### Sports Information: Winter Sports Registration is now open!

Registration must be done by a parent or legal guardian using your existing PowerSchool access account. Note: Parents cannot create a new account online through the portal. See below for how to request an account.

To begin registration:

- 1. Go to **sms.sau19.org** from a web browser.
- 2. Enter your username and password and click Sign In.
- 3. Click on **Forms** in the left Navigation menu.
- 4. Complete <u>all four</u> Athletic Registration forms per student.

If you have forgotten your PowerSchool username and/or password, click on the "Forgot Username or Password" link (directions attached):

**Forgot Username:** Click on the Forgot Username tab and enter your email address and click Enter. An automatic email will be sent to your email address as long as it finds a match in our system.

**Forgot Password:** Click on the Forgot Password tab and enter your username and email address and click Enter. An automatic email will be sent to you with a link to reset your password as long as it finds a match in our system. The password reset will expire in 24 hours. Check your junk mail if you do not get an email.

If you complete the above steps and still have issues or you would like to request a PowerSchool access account, please email <u>debra.vallee@sau19.org</u>. The district processes new account requests within five business days. If your email address is already connected to an existing access account, you will be resent the directions to reset your password.

For athletics questions, email: GHS - Justin Hufft at justin.hufft@sau19.org MVMS - Michael Garrity at michael.garrity@sau19.org

#### **Reporting an Absence**

Parents and guardians should call (603) 497-8288, when prompted press 2 to report a student absence. Parents and guardians should be prepared to record their name, their student's name, and the name of their student's teacher(s). A note from a parents and guardians should be presented to the homeroom teacher upon return to school.

#### **Emergency Release**

The Goffstown School District uses a district wide notification system called School Messenger. This system allows more effective communication with parents should an emergency issue arise. This includes school cancelations, delays or early dismissals due to poor weather or building emergencies such as loss of heat, water pressure or electricity. Every means of communication will be used to notify parents and guardians. In addition to School Messenger, any school closing or delay because of weather conditions will continue to be announced on WMUR-TV, Channel 9, as well as over the radio station 95.7 FM WZID before 7:00 a.m. Please refrain from calling the school. Parents should have an emergency plan in place with their student for the rare occasion they may need to be sent home early.

#### **School Counselors**

If at any point during the year, you feel the need to consult with a counselor for advice for you or your student, please contact one of the following:

Erin Sakolosky	Grade 5	Erin.Sakolosky@sau19.org
Jessica Jordan	Grade 6	Jessica.Jordan@sau19.org
Rachel Nault	Grade 7	Rachel.Nault@sau19.org
Ryanne Roy	Grade 8	Ryanne.Roy@sau19.org

#### **MVP** Corner

The Mountain View Partnership is your MVMS parent teacher organization. To become a supporting member, click the link below. You will be given an option to join the MVP Student Directory and will receive a copy in return. The link is <u>https://my.cheddarup.com/c/mvp-membership</u>. You will also be enrolled to receive emails on current fundraisers and events sponsored by MVP!

MVP meets on the first Monday of each month at 6:00pm in the Information Center/Library. Everyone is welcome, we'd love to have your input, it truly takes a village! To stay informed on our upcoming events and fundraisers you may also join our Facebook Group at <u>https://www.facebook.com/mountainviewpartnership</u>.



8th Grade Parents: We are happy to announce that the annual Washington DC Trip for 8th Graders is scheduled for April 20 - 23, 2023! This trip is coordinated by parent volunteers, any communication or questions can be directed to Kerstie Hazelbaker and Alex Hill at <u>MVMSDCTRIP@gmail.com</u>. Here is a video of what you may find on a World Strides Washington DC Tour: <u>https://vimeo.com/170210905</u>



#### Food Service Updates

## ATTENTION A A

#### FREE MEALS ARE NO LONGER AVAILABLE

Our current guidance from the USDA does not allow us to serve free meals to all students in the 2022-2023 school year. Pricing will be:

	Br
Maple/Bartlett	\$1
Mountain View	\$1
<b>Goffstown High School</b>	\$1

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Breakfast \$1.50 \$1.50 \$1.75 Lunch \$3.00 or \$0.40 reduced price \$3.25 or \$0.40 reduced price \$3.50 or \$0.40 reduced price

#### THE IMPORTANCE OF FREE AND REDUCED MEAL FORMS

We encourage families to complete the free and reduced meal application. Families who fill out these forms can be eligible for additional benefits including reduced college testing & application fees as well as helping to provide essential funding for our school. Applications can be found at the Family Portal <u>https://family.titank12.com/NT69TS</u> or at <u>www.Goffstown.k12.nh.us</u> or call the school for a paper application.

THANK YOU FOR ALLOWING US TO FEED YOUR CHILDREN We will continue to serve convenient, high quality, nutritious meals that students enjoy. We greatly appreciate your support.

Megan Bizzarro, Food Service Director, megan.bizzarro@sau19.org

This institution is an equal opportunity provider.







#### Lighten your daily load.

Parents have enough to worry about. SafeStop puts key information at your fingertips so you won't lose time or energy wondering "where's the bus?".

#### Set up SafeStop:

- 1. Download the SafeStop app from the App Store or Google Play.
- 2. Enter the school access code provided below.
- 3. Enter your child's unique Student ID.

Select the (bus or route name based on school communications preference) you wish to track.

5. Create alert zones around drop-off and pick-up points.

You're all set! You will be able to track the bus's movement during active route times and receive notifications when the bus enters your custom alert zone(s).

#### Trust that your information is secure.

Security is priority one, especially where student information is concerned. All parent information is password protected within the app to prevent unauthorized people from accessing any student bus information.

#### Key Features:

- View a real-time, map-based bus locator
- Guarantee parent and student information privacy
- Create custom zones for each stop and school
- Recieve email alerts and push notifications
- Available on smartphones and tablets

#### Your School Access Code:

403007



Google play

AI Pleasant



# AVAILABLE PROGRAMS

#### •Learn To Skate •Learn To Play •U8, U12 & U15 Recreation Teams

-LTS & LTP Session 1: Sept 25-Dec 18 Session 2: Jan 8-March 26 -LTS Friday 5-5:50 pm & Sunday 7:30-8:20 am -LTP Friday 5:50-6:40 pm & Sunday 8:20-9:10 am

Recreation Program season runs from Sept 25-March 26 Priday evenings & Sunday mornings @ West Side Arena

For additional information & registration go to www.mryha.org



#### The Trusted Platform for School Community Engagement

#### Parents and Guardians You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.\*

You can participate in this free service\* just by sending a text message of "Y" or "Yes" to our school's short code number, 67587.

You can also opt out of these messages at any time by simply replying to one of our messages with "**Stop**".



SchoolMessenger is compliant with the <u>Student Privacy Pledge™</u>, so you can rest assured that your information is safe and will never be given or sold to anyone.

#### Opt-In from your mobile phone now!



Just send "Y" or "Yes" to 67587

#### Information on SMS text messaging and Short Codes:

SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast,

Eighth Grade Parent(s),

Looking for a creative way to tell your child, "I love you and I'm proud of you"?

Place a recognition ad in the yearbook.



A recognition ad is always a great idea. In the future, seeing your message will bring a smile as students remember your love and support during these important years. It's easy to create a recognition ad. Just send us your favorite baby photo and compose your message. You must have your son/daughter's name on the back of the picture. Please supply a self-addressed stamped envelope if you would like the photo returned in June 2023.

We will try to keep the ad a secret until the yearbook is distributed. If your son or daughter is on the yearbook staff this may not be possible.

Reserve a space for your recognition ad today. Like the yearbook, your message will be a permanent memory.

Thank you!

Sincerely, The Yearbook Staff		
RECOGNITION AD	O ORDER FORM MUST BE FILLED OUT C	OMPLETELY!
Student name	Team	
Parent name	Phone	
Cost \$14.00 (Checks made out to M Message: Limit 35 words or less!	IVMS – Yearbook)	
Signature	Check #	

MUST BE RETURNED TO MS. SINCLAIR, ROOM 212 BY October 28, 2022.

# **20** Girl **22** Expo

### October 16, 2022

10:00 a.m.-4:00 p.m.

NH Sportsplex, Bedford, NH

Open to the public!

#### Over 75 family-oriented exhibits with hands-on activities!

Discover the night sky in an inf atable planetarium, investigate new technology in our STEM zone, learn about water pollution, meet a superhero, and so much more! Bring your friends and whole family!

Visit www.girlscoutsgwm.org/girlexpo for event information and to purchase tickets. Tickets are \$5.00 per person.









#### Can't make Girl Expo 2022, but want to learn more about Girl Scouts?

Use QR code to visit our website, w w w.girlscoutsgw m.org. Questions? Contact us at 888-474-9686 or customercare@girlscoutsgw m.org. **girl scouts** of the green and white mountains

# JOIN CUB SCOUTS

Cub Scouts is a year-round program offering fun activities promoting character and leadership development. Scouting is designed to be hands-on, and parents are encouraged to play an active role.

#### All Boys & Girls in Grades K-5

Come get a sneak peek of what Cub Scouts has to offer!

September 16, 2022, 6:30 PM - 8:00 PM Maple Ave Elementary 16 Maple Ave Goffstown, NH

#### Join Cub Scout Pack 99!

Pack 99 Meets for Pack meetings on the 3rd Friday of the month with Den meetings held independently based off of families schedules goffstownpack99.com

#### **Questions? Contact Us**

Eric Laurendeau (603) 860-8484 goffstownpack99@gmail.com

#### **Check Out Pack 99's Upcoming Events:**

Recruitment Pack Meeting - SEP 16, 2022 Maple Ave Elementary - 6:30pm - 8pm

Halloween Pack Meeting - OCT 21, 2022 Maple Ave Elementary - 6:30pm - 8pm

November Pack Meeting - OCT 21, 2022 Maple Ave Elementary - 6:30pm - 8pm



More

This is not a school sponsored event. A registration fee is charged when signing up for Cub Scouts. For more information, please contact us.





Year-Round Adventures

**Become A Step Above the Rest** 





A YOUTH ORGANIZATION SUPPORTED BY THE U.S. NAVY & U.S. COAST GUARD FOR AGES 10 & UP



#### 2023 LEARN TO SKI & RIDE PROGRAM





We take great pride in holding the title, The Premier Teaching Mountain in New Hampshire. Our professional instructors gear every lesson toward the student's age and ability, while providing a fun learning environment.

#### LEARNING AND FUN, IT'S WHAT WE DO BEST!

#### WHAT IS THIS PROGRAM?

- Weekday 5-Week Learn to Ski & Ride Series
- Participants receive a 1-hour lesson (if signed up for lessons) from a Pats Peak instructor and free ski/ride time.
- Program Dates: 5 FRIDAYS- JANUARY 6, 2023 FEBRUARY 03, 2023

#### **HOW TO REGISTER**

- It is open to GRADE 5 -6 7 8
- - (MCD-markinke/225 (MCD-markinke/225
- To receive early pricing, registration must be paid in FULL on or before: October 15, 2022 - November 15, 2022
- Additional Registration info: Any registrations done after Nov. 16, 2022 will accrue a \$25.00 late fee

#### CONTACT INFORMATION:

COORDINATOR- Paola Gomes E-MAILmespourquoi@aol.com PHONE #- 603-674-9418 (quicker response : please text me if needed)

#### TRANSPORTATION INFORMATION:

Once again, because the district is having a shortage of bus drivers - PARENTS WILL BE RESPONSIBLE FOR TRANSPORTATION.



#### WHAT ABOUT EQUIPMENT?

- RENTALS: Full Rental Packages are available for the program, or for the season. Helmets are additional.
- BRING YOUR OWN: Mark equipment with NAME AND SCHOOL. Unsafe equipment will not be allowed on the mountain.

#### **PEAK PERKS: (DISCOUNTED PRICING)**

- CAFÉ CARDS
- PARENT/SIBLING FREQUENT USER CARD AND LIFT TICKETS
- HELMET, GOGGLES AND WATERPROOF MITTENS
- PRACTICE MAKES PERFECT SEASON PASS
  Unlimited Season Pass that is valid for the whole season-you don't
  have to wait until the program begins to use it! This discounted
  season pass is only available to the students of the Learn to Ski &
  Ride Program (must have minimum purchase of lessons. Nontransferable).

#### IMPORTANT NOTES:

NOTICE- REGISTRATION AFTER NOV, 15 WILL COME WITH A \$25.00 LATE FEE. PLEASE MAKE ACCOMMODATIONS FOR IF YOU CANNOT TAKE YOUR CHILD TO THE MOUNTAIN AND BACK. IF ANOTHER PARENT IS PICKING UP- PLEASE SEND A NOTE TO THE OFFICE BY WEDNESDAY SO THAT THEY ARE WELL AWARE. REFUNDS WILL NOT BE AVAILABLE, SO PLAN ACCORDINGLY. LESSONS ARE FROM 4:40-5:30 P.M. Free skiing starts at 4:30pm. IF YOU NEED ANY HELP WHILE ON THE MOUNTAIN- WE WILL BE THERE FROM 4:30 - 6:30 IN THE SMALL LODGE

If this program doesn't work for your schedule, contact Pats Peak about their OPEN PROGRAM: For Individual Sign-Ups (Ages 6-17).



- AGES 4+
- ALL SKILL LEVELS
- DROP-IN PRACTICES
- MONTHLY MEMBERSHIPS
- PRIVATE LESSONS
- COMPETITIONS
- CONVENIENTLY LOCATED



11 LANCE LN UNIT 12 GOFFSTOWN NH 03045

🖌 JOIN US! 🕽

#### AGOGEWRESTLINGCLUB.COM

#### <u>FREE</u> INTRO TO WRESTLING

<u>Class</u> Wednesday, November 2nd 5:30-6:30pm



JUNIOR classes 4 to 6 year olds

Tuesday & Friday 5:30 - 6:30pm



<u>YOUTH classes</u> 7 to 11 year olds Monday & Thursday 5:30 - 7:00pm Sunday 9:00 - 10:30am



<u>TEEN classes</u> 12 and up Monday & Thursday 7:30 - 9:00pm Sunday 9:00 - 10:30am